

WEEK 1 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	RICE BOX	RICE BOX
MON	Chicken Tikka Masala 🍷 🌿 Served with Wholegrain Rice and Vegetables	Roasted Rainbow Vegetables 🌱 🍷
	BURGER BAR	BURGER BAR
TUE	Buffalo Chicken Burger 🍷 Served with Chipotle Wedges and Corn on the Cob	Veggie Burger 🌱 Served with Chipotle Wedges and Corn on the Cob
	HOT DELI	HOT DELI
WED	Spicy Chicken Pitta 🍷 Served with Mixed Salad	Sticky BBQ Quorn Pitta 🌱 Served with Mixed Salad
	MAC SHACK	MAC SHACK
THUR	Macaroni Cheese 🌱 Served with Roasted Beetroot and Chickpea Salad and Crispy Onions	Macaroni Cheese 🌱 Served with Roasted Beetroot and Chickpea Salad and Crispy Onions
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Quorn Sausage Roll 🌱 Served with Chips, Baked Beans and Peas

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad 🌿 🌱
Roasted Indian Chickpea Salad 🍷 🌱

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 🌱
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap 🌱 🌿
BBQ Chicken Wrap 🌿
Chicken Caesar Wrap 🌿

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	CLASSICS	CLASSICS
MON	Jerk Chicken  Served With Wholegrain Rice	Vegetarian Sausage and Mash   Served with Vegetables and Gravy
	PAN-ASIAN	PAN-ASIAN
TUE	Mandarin Chicken   Served with Wholegrain Rice, Peas and Crunchy Slaw	Vegetable Donburi  Served with Peas and Crunchy Slaw
	HOT DELI	HOT DELI
WED	Roast Chicken and Stuffing Baguette  Served with Chipotle Wedges, Coleslaw and Sweetcorn	Korean BBQ Quorn Sub  Served with Chipotle Wedges, Coleslaw and Sweetcorn
	LOADED NACHOS	
THUR	Chicken Tikka Masala   Served with Wholegrain Rice	Chilli No Carne Nachos   Served with Mixed Salad and Salsa
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
FRI	Southern Fried Chicken Wrap  Served with Chips, Baked Beans and Peas	Cheese and Onion Pasty  Served with Chips, Baked Beans and Peas


HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad  
Roasted Indian Chickpea Salad  

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap  
BBQ Chicken Wrap 
Chicken Caesar Wrap 

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	HOT DOGS	
MON	Mexican Chicken Tortilla Pie   Served With Wholegrain Rice	Tropical Sunshine Hot Dog   Served with Chipotle Wedges and American Slaw
	STREET FOOD	
TUE	Buffalo Chicken  Served with Baked Garlic and Herb Wedges and Mixed Salad	Quorn Shawarma Pitta Pocket  Served with Mixed Salad
	CLASSICS	
WED	Roast Chicken Meatballs  Served With Mash Potato, Peas & Gravy	Roast Veggie Balls  Served with Mashed Potato, Peas and Gravy
	BUDDHA BOX	
THUR	Nut-free Chicken Satay Buddha Box   Served with Wholegrain Rice and Mixed Salad	Roast Butternut Squash, Chickpea and Broccoli Buddha Box   
	FRIDAY FAVOURITES	
FRI	Battered Fish Served with Chips, Baked Beans and Peas	Vegetable Fajita   Served with Chips, Baked Beans and Peas


HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad
Pesto Pasta Salad  
Egg Mayo 

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette 
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap  
BBQ Chicken Wrap 
Chicken Caesar Wrap 