**National Careers Week**

**Wednesday 5th March – Work Wednesday**

**How valuable are my skills in the workplace?**

This content will help you become more aware of your transferable skills and how you could apply them to job applications.

**VIDEO:** Watch this video **‘Celebrity Job Swap Challenge’** <https://www.bbc.co.uk/bitesize/articles/zs7kmbk> which sees NHS hospital doctor, Dr Ranj Singh, and BBC Radio 1 DJ Charlie Tee, swap jobs to explore transferable skills and job motivations.

**VIDEO:** Watch this video **‘Help! I don’t have any skills…’** <https://www.bbc.co.uk/bitesize/articles/zmb32sg> to help you identify your skills and strengths.

**For more information, visit:-**

[**Careerpilot : Get information : Other support : Quizzes that match your skills and interests to jobs**](https://www.careerpilot.org.uk/information/help-and-support/quizzes-that-match-your-skills-and-interests-to-jobs)

[**Careers - The Bitesize Careers Podcast - BBC Bitesize**](https://www.bbc.co.uk/bitesize/groups/c0wx4dw1vlpt)