




























































WEEK 1 THIS WEEK'S MENU







	OPTION ONE	OPTION TWO	GRAB & GO
MON	NOODLE BAR	NOODLE BAR	<p>HOT DISHES:</p> <ul style="list-style-type: none"> Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings <p>SALADS:</p> <ul style="list-style-type: none"> Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad   Roasted Indian Chickpea Salad   <p>SANDWICHES/BAGUETTES:</p> <ul style="list-style-type: none"> Egg Salad Sandwich  Chicken Salad Sandwich  Cheese and Pickle Baguette  Tuna Mayo Baguette BLT Baguette <p>WRAPS:</p> <ul style="list-style-type: none"> Pepper and Houmous Wrap  BBQ Chicken Wrap  Chicken Tikka Wrap 
	SATAY CHICKEN PHO  	SPICED VEGETARIAN PHO  	
TUE	BURGER BAR	BURGER BAR	
	TENNESSEE CRISPY CHICKEN BURGER  Served With Baked Garlic & Herd Wedges	BEETROOT AND FETA BURGER   Served with Baked Garlic and Herb Wedges and Corn on the Cob	
WED	HOT DELI	HOT DELI	
	SPICY VIETNAMESE CHICKEN BANH MI BUN  	STICKY BBQ QUORN PITTA 	
THURS	STREET	STREET	
	MACARONI CHEESE  Served With a Selection of Toppings	MACARONI CHEESE  Served With a Selection of Toppings	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	BATTERED FISH Served with Chips, Baked Beans and Peas	VEGGIE BURGER  Served with Chips, Baked Beans and Peas	

 Vegetarian
  Vegan
  Oily Fish
  Wholegrain
  Nutritionist's Choice
  Halal

Our menu is subject to change.




























WEEK 2 THIS WEEK'S MENU







	OPTION ONE	OPTION TWO	GRAB & GO
MON	SPICE IS NICE	SPICE IS NICE	<p>HOT DISHES:</p> <p>Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings</p> <p>SALADS:</p> <p>Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad    Roasted Indian Chickpea Salad  </p> <p>SANDWICHES/BAGUETTES:</p> <p>Egg Salad Sandwich  Chicken Salad Sandwich  Cheese and Pickle Baguette  Tuna Mayo Baguette BLT Baguette</p> <p>WRAPS:</p> <p>Pepper and Houmous Wrap  BBQ Chicken Wrap  Chicken Tikka Wrap </p>
	CHICKEN TIKKA RICE BOX 	SPINACH AND CHICKPEA DAHL   Served with Yellow Rice	
TUE	SPICE IS NICE	TEX MEX	
	CHICKEN KATSU    Served with Wholegrain Rice and Nut Free Satay Sweetcorn	VEGETABLE FAJITA   Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	
WED	FAVOURITE	HOT DELI	
	ROAST CHICKEN  Served with Roast Potatoes, Vegetables & Gravy	PERSIAN VEGETABLE PITTA  	
THURS	PAN-ASIAN	PAN-ASIAN	
	CHICKEN KOTTU ROTI BOX  	SOYA YAKISOBA  	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	SOUTHERN FRIED CHICKEN GOUJONS  Served with Chips, Baked Beans and Peas	CHEESE AND ONION SLICE  Served with Chips, Baked Beans and Peas	

 Vegetarian
  Vegan
  Oily Fish
  Wholegrain
  Nutritionist's Choice
  Halal

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WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	FEASTIVAL	FEASTIVAL	<p>HOT DISHES:</p> <p>Paninis Pasta and Sauces Freshly Baked Pizza Jacket Potato and Toppings</p> <p>SALADS:</p> <p>Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad   Roasted Indian Chickpea Salad  </p> <p>SANDWICHES/BAGUETTES:</p> <p>Egg Salad Sandwich  Chicken Salad Sandwich  Cheese and Pickle Baguette  Tuna Mayo Baguette BLT Baguette</p> <p>WRAPS:</p> <p>Pepper and Houmous Wrap  BBQ Chicken Wrap  Chicken Tikka Wrap </p>
	JERK CHICKEN BURGER  Served with Baked Spiced Wedges and Mixed Salad	TIGER BHAJI BURGER   Served with Baked Spiced Wedges and Mixed Salad	
TUE	PAN-ASIAN	PAN-ASIAN	
	MANDARIN CHICKEN   Served with Pineapple Rice and Nut Free Satay Sweetcorn	SWEET AND SOUR VEGETABLES    Served with Pineapple Rice and Nut Free Satay Sweetcorn	
WED	HOT DELI	HOT DELI	
	PERSIAN CHICKEN KEBAB  Served with Herby Diced Potatoes and Mixed Salad	STICKY BBQ PITTA  Served with Herby Diced Potatoes and Mixed Salad	
THURS		STREET	
	BUTTER CHICKEN CURRY   Served With WholeGrain Rice	TERIYAKI VEGETARIAN WRAP    Served with Wholegrain Rice	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	BATTERED FISH Served with Chips, Baked Beans and Peas	VEGETABLE GOUJONS  Served with Chips, Baked Beans and Peas	

 Vegetarian
  Vegan
  Oily Fish
  Wholegrain
  Nutritionist's Choice
  Halal

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